

2008 Conference NASW-FL

It's All About

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The Answers To Human Behaviors

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By a show of hands...

- How many of you believe that the identification and understanding of abandonment issues are the key to each of these questions:
 - To correctly understand human behaviors?
 - To effectively treat and correct behaviors?
 - To enhance human interaction?
 - To resolve conflicts between individuals, groups, and nations?
-

Our learning objectives today include:

1. To expand our definition and understanding of abandonment issues, events, and actions that affects our self-esteem, interpersonal skills, and perception about life.
 2. To understand how...it is all about abandonment in human interactions and reactions to life-events.
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Learning objectives continue:

3. To understand the treatment milieu necessary to effectively diagnostic, treat, and resolve abandonment issues and events.

Why?

Because, *abandonment is the key to understanding and enhancing human behaviors and interactions!*

Traditional meanings of abandonment.

- 1. Abandon: Give up without intent to reclaim
 - 2. Abandon: Thorough yielding to impulses
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Expanded definition of abandonment:

- Abandonment means different things to different people.
 - It *is an extremely personal events* because it happens in the mind, heart, and soul of a person, group, system, or a nation.
 - Thus, it can be experienced as an individual event or as a group event.
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Expanded definition of abandonment:

- Abandonment is about loss of love itself, that crucial loss of connectedness,
 - Abandonment can also be about the events that caused the crucial loss of connectedness to others, as well as to reality.
 - It often involves breakup, betrayal, prejudice, displacement, aloneness, discrimination, loss, and death...something people can experience it immediately or years later.
-

Expanded definition of abandonment:

- Unresolved abandonment issues left untreated even cause pathology in some individuals, groups, and large parts of society.
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Abandonment sometimes takes the form of:

- Grief over someone you just lost
- Lingering grief caused by old losses
- Fear
- Anger
- An invisible barrier holding us back from forming relationships
- Shyness that prevents us from reaching our true potential

Abandonment sometimes takes the form of:

- Self-sabotage behaviors or actions
 - Murder
 - Murder-Suicide
 - Failure
 - Rape
 - Prejudice
 - Ethnic Cleansing
 - Sexual Addiction
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Abandonment sometimes takes the form of:

- Drug abuse
 - Alcohol abuse
 - Failure in school
 - Dropping-out of school
 - One failed relationship after another
 - Spouse abuse
 - Ethnic killing
 - Lying and cheating
-

Abandonment sometimes takes the form of:

- Rejecting others before they reject you.
 - Leaving others before they leave you.
 - Being a serial killer.
 - Shooting people in a mall.
 - Shooting people in a school, college, or university.
 - Shooting people in the streets.
 - Shooting people in the home.
 - Shooting people in a war.
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Abandonment sometimes takes the form of:

- Conflicts, wars, police states.
 - Military governments.
 - Gangs
 - Hate and hate crimes.
 - Rage
 - Verbal abuse.
 - Passive-aggressive behaviors.
 - Jealousies
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Abandonment sometimes takes the form of:

- Loss of safety.
 - Loss of self-respect or self-esteem.
 - Loss of purpose.
 - Loss of will.
 - Loss of job.
 - Loss of home.
 - Loss of spouse.
 - Loss of child.
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Abandonment sometimes takes the form of:

- Producing Weapons of Mass Destruction.
 - Withholding/failure to provide food/shelter.
 - Withholding/failure of heat and comfort.
 - Withholding/failure of love and caring.
 - Withholding/failure to give respect.
 - Withholding/failure to provide the opportunity to satisfy or provide for your needs.
 - Withholding/failure to provide caring for others or yourself.
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Abandonment sometimes takes the form of:

- Disagreement & fighting (verbal or physical).
 - Eating for emotional security.
 - Not eating because of poor self-esteem.
 - Running away.
 - Being a critical parent toward others.
 - Abusing or neglecting a child.
 - Bulling others.
 - Mental Illness.
 - Cancer
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Abandonment sometimes takes the form of:

- Loss of production in the workplace.
 - Dysfunctional relationships in/out of the home.
 - Giving-up a child up for adoption.
 - Producing children without the commitment of the father.
 - Removing a child from their home.
 - Failed placements in treatment.
 - Dysfunctional treatment approaches/milieus.
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What is produced?

- “Unresolved abandonment issues or experiences!”
 - *All behaviors, interactions, and their reactions produce abandonment issues or experiences!*
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What Are “Unresolved Abandonment Issues or Experiences?”

- Events or actions that have affect our sense of self, our self-esteem, and who we are as a person, group, or nation.
 - Events or actions that have affected our ability to bond, love, and trust others or ourselves.
 - Events or actions that have left us with feelings of loss, separation, rejection, neglect, hurt, not loved, alienated, angry, raged, abused, not appreciated, or valued.
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What do you need to know in order to identify, treat and correct this issue, event, or experience?

- Their “Core Abandonment Issue!”
 - *You cannot treat what you do not understand!*
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What Is A “Core Abandonment Issue?”

- A “core abandonment issue” is that issue, experience, or action that has impacted an individual’s, group’s, or nation’s sense of self-worth or pride.
 - It affects the ability to bond and work with others.
 - It affects the ability to love, trust, and care for others or themselves.
 - It affects the ability to accept people and ideas that are different.
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A Quote on “Core Abandonment Issue?”
From: **What I Must Give Myself...First!**

- “You cannot give what you do not have or you have not experienced!”
 - “You cannot take someone else to a level or point that you have not reached yourself!”
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What Is A “Core Abandonment Issue” Cont.

- This stressor for individuals usually take place in early childhood.
 - This event is viewed and experienced by the baby or child as personal to them, thus damaging their sense of self and their self-worth.
 - It forms the bases of their self-esteem and interactions until it is corrected.
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What Is A “Core Abandonment Issue” Cont.

- In a group or nation the “core abandonment issue” takes place whenever there is an event that challenges its safety, existence, insults its culture or religious belief system.
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It's *All About Abandonment!*

- Break!



How do you go about healing an abandonment issues or experiences?

- **Facilitate a “Corrective Learning Experience (s)!”**



What Are “Correctional Learning Experiences (CLE’s)?”

- Events, experiences, or acts that allows an individual, group, or society the opportunities and resources to correct or heal an abandonment experience and their emotions that have damaged their sense of self-worth and safety.
 - This includes their ability to bond, love, trust, care for others and ourselves.
 - As well as our desires to destroy, harm, and kill others or ourselves.
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CLE's cont.

- They should address the events and actions that include: feelings and reactions from abuse, rejection, acts of violence or cruelty.
 - Alienations from love ones, religious beliefs, customs, and society.
 - The taking of life, other behaviors that have contributed to their feelings of loss, separation, low or negative self-esteem, self-hate, or the hatred of others.
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CLE's cont.

- Therefore we must process “a therapeutic awareness” at all times of our emotions, behaviors and actions in order to facilitate “corrective learning experiences” for individuals, groups, or society!
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It's All About Abandonment!

- The severity of abandonment issues, events, and actions affect:
 - ❑ Our self-esteem?
 - ❑ Our interpersonal skills?
 - ❑ Our perception about life?
 - ❑ Our perception and ability to resolve conflicts?
 - ❑ Our ability to respect life?
 - ❑ Our ability to respect rules and laws
 - ❑ Our ability to respect other rights?
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Why...It's All About Abandonment?

- Communications, written or oral, verbal or non-verbal, has the ability to produce abandonment issues.
 - Interactions have the ability to produce abandonment experiences and feelings.
 - Laws, policies, and rules produce abandonment experiences and feelings.
 - Religious beliefs produce abandonment experiences and feelings.
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Because...It Is *All Abandonment*

- We need to review and rethink how we have looked at the history of humankind from the beginning of time!
 - We need to review and rethink how we have looked at the problems in the world, as well as the solutions we have used to resolve them.
 - Remember, we cannot treat what we do not understand!
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Quotes from my book...

Thank You for Loving Me!

- “Understand that history is repeating itself for a reason! History is not in control of the Human Race and recycling our experiences according to a history clock! The Human Race is in control of its history.”
 - “History is not repeating its behaviors and mistakes, humans are!”
-

Quotes cont... from

Thank You for Loving Me!

- “Please! Let the people live and let the conflicts die!
 - “In wars only the people die. Not the conflicts, nor the pain! They live-on to fight another day!”
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Because...It Is All About Abandonment!

- We have to stop ignoring the roots of our social and behavioral problems...only reacting to the symptoms, while the problems continue until they destroy us.
 - How does Sweden problem-solve?
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Because...It Is All About Abandonment!

- The highest weight must be given to the affects that abandonment issues have an individuals, groups, and nations sense of well-being.
 - Everyday we need to be reinterpreting the new we hear and read in terms of:
 - Abandonment events
 - Abandonment experiences
 - Abandonment issues
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Because...It Is All About Abandonment!

- We may want to work for the following:
 - Correct our treatment approaches to reduce treatment failures.
 - Train our staff to stop reacting to behaviors.
 - Develop treatment milieus that are based on a positive culture versus a negative one.
 - Work to reinterpret behaviors in terms of abandonment issues.
 - Facilitate corrective learning experiences whenever possible.
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Diagnostic Abandonment Issues

- Identify their “core treatment issue” from their earliest memory as a child.
 - Ask them to tell them about themselves and their family from that point forward to the present.
 - Assist them in understanding how they are operating off their earliest “core abandonment issue.”
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Treating Abandonment Issues...Inpatient

- All parts of the treatment milieu must understand and accept how to facilitate “corrective learning experiences.”
 - The milieu must be set-up on a positive behavior model.
 - The staff must buy-in to the treatment approach and understand that “it is not about them.”
 - The staff must be trained to not react to negative behaviors that are meant to push them away and reinforce the client negative self-worth.
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Treating Abandonment Issues...Inpatient (cont.)

- ❑ Multi-family therapy is very effective in maintaining the positive milieu during passes and visits.
 - ❑ Coordinate all treatment opportunities to provide and reinforce “corrective learning experiences: staff meetings, 1:1 sessions, group therapy, discharge groups, family therapy, milieu therapy, home visits, discharge planning, school, and aftercare therapy.
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Treating Abandonment...Outpatient

- Assist the family, group home, school, and court to understand and accept your treatment plan and methods.
 - Allow the client to take from you what they need, within boundaries.
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Treatment Techniques to Resolve Abandonment Issues

- Reframe feelings and behaviors.
 - Don't react negatively to behaviors and actions.
 - Provide “corrective learning experiences.”
 - Process these experiences.
 - Encourage risk taking.
 - Provide comfort and safety in the milieu.
 - Play with children and youth, show acceptance.
 - Problem-solve with the client.
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Why It Is Important for You to Know and Resolve Your Own “Core Abandonment Issue”

- “You cannot take someone else to a point or level you have not reached yourself.”
 - “You cannot give what you do not have!”
 - Operate from a conscious level of abandonment experiences, events, actions, and issues.
 - How not to place yourself in a non-therapeutic role with your clients.
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It's All About Abandonment!

- Sharing of treatment experiences.
- Q & A Period.
- Book purchases and signing!
 - **Thank You for Loving Me!**
The Psychology of Loving and Healing



We all love and want to be loved! Everyone is interested in improving their self-esteem, self-confidence, relationships with others and your ability to be successful in life! Resolving issues in life will help you to achieve all of these goals and I guarantee this is the book to help you!

Thank You For Loving Me!

JR



\$16.99

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